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## Who is Community Accessibility Inc.?

Community Accessibility provides services to communities and individuals in a number of locations throughout country Victoria, assisting them to enjoy improved independence. Community Accessibility Inc. was established in 1998 and is a community based not-for-profit organisation. We work in partnership with clients, carers and other professionals to provide high quality and flexible services. Through leadership and a dedicated team of staff and volunteers, we promote and enable social wellbeing and independence. The organisation currently delivers three programs:

- Community Transport
- Getting There Network
- Volunteer Friends Program.

## What is the Volunteer Friends Program?

This program is funded by the Department of Human Services as a Community Respite program. The program is designed to provide respite for families and carers of a person with a disability, by giving them a much needed break whilst supporting participants to enjoy social and recreational opportunities.

The program includes weekends away and weeklong holidays as well as a regular activities program which includes Ten Pin Bowling, Indoor Cricket, AFL Football, Pool, Dancing and much, much more.

# Holidays

## Up The Murray, NSW

### Staying & Echuca and Swan Hill

June 2 – 6

**Cost \$1,100 per person**

We will be visiting fauna parks, Holden Museum, Echuca Wharf, enjoying a trip on a paddle steamer, going fishing, Swan Hill Pioneer Settlement eating fine food and enjoying the wonderful Murray River.



Limit 8 persons

## Gold Coast, QLD

### Mari Court Resort – Surfers Paradise

October 7 – 11

**Cost \$1,875 per person**

Visiting all the best the Gold Coast has to offer!  
Seaworld, Currumbin Wildlife Sanctuary, Australian Outback Spectacular, Great Shopping and entertainment.  
Includes return Airfares from Albury.



Limit 8 persons

# Holidays

## Shoalhaven Heads, NSW

Where

November 10 - 15

Cost \$1,250 per person

Visiting the lovely picturesque beaches of the Shoalhaven region. Explore an animal park, the Bradman Museum and the Kiama Blowhole.



Limit 8 persons

## Where will Santa be hiding?



Save this date

## Mystery Christmas Lunch Saturday 6 December

Includes: lunch and transport.  
More details coming soon.

# Regular Activities

## Ten Pin Bowling

A fun sport and great way to catch up with friends and make new ones.



### Wodonga

#### Twin Cities Ten Pin Bowling

Tuesday – every week  
Starts at 6pm.

### Wangaratta

#### Wangaratta Bowl

Twice a month on  
April 26  
May 10 & 24  
July 5 & 19  
August 2 & 16  
October 18 & 25  
November 8 & 29  
3.45pm until 6.00pm

Cost: \$13

Cost: \$13.60

## Pub Pool

Railway Hotel

Templeton Street, Wangaratta.

As many games as you can play plus  
Soft drink.

When: 1<sup>st</sup> & 3<sup>rd</sup> Monday of the month.

Time: 7pm to 9pm.

Cost: \$5 per person



## Indoor Cricket

An exciting program that  
encourages team play.

Major League Indoor Sports Centre  
Wodonga

Thursdays: 5.15pm

Cost: \$15 per session



# Regular Activities

## Country Music & Dancing

This is a community based activity run by the Country Music & Dance Club. It is a fun night of line dancing or listening to country music with friends.



Phone Wangaratta for bookings and dates.

**Location: Terrace Hall**

**St John's Village**

**Williams Road, Wangaratta**

Cost \$10

## Friday Night Fun

For those between 16 and 35 looking for something a bit different on a Friday Night. Activities include pool, Wii, Charades, Celebrity Heads, Movie Nights and outings.



The Program changes every few months. Here is a sample.

Friday	Activity	Time	Details
March 28	Bubble Soccer	7pm Meet at CA Inc.	Play soccer wearing a beach ball suit.
April 4	Drop in	3.45pm to 5.45pm	Social catch up
April 11	Show at the Cube	7pm Meet at Venue	Movie

# Weekends Away

## AFL Weekend

August 16 -17

Melbourne



Two Days of footy.

Collingwood vs Brisbane and Melbourne vs Greater Western Sydney.

Weekend includes: bus, one nights accommodation and 2 AFL games, visit to Channel 7 Studio to watch the filming of Game Day.

Cost: \$360

Limit: 8 persons

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## Hanerika Farm Stay

**Dates: To be Advised.**

Travel by bus to Yerong Creek and enjoy an overnight stay with a difference. Take part in farm activities like, egg collection, feeding and caring for animals, horse riding, hay rides and sheep shearing.



Includes bus, one nights accommodation in a twin room, breakfast and lunch.

Cost: \$390

Limit 8 persons

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# Day Outings

## **Beechworth Spa**

Saturday 5 July

A day full of relaxation, choose from massage, foot or hand treatment. Includes bus travel, spa visit and sweet/savoury plate.

Cost: \$190



Limit 8 persons

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## **Yarrawonga Boat Cruise**

Saturday September 13

Day trip includes drive to Yarrawonga, morning cruise on Lake Malwala and Devonshire tea.

Cost: \$75



Limit 8 persons

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## **Yackandandah/Beechworth/ Chiltern Scenic Drive**

Saturday November 15

Day trip explores this beautiful area of our region. Buy your lunch in Beechworth and do a little shopping and Devonshire tea.

Cost: \$60



Limit 8 persons

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## **Bowling Road Trips – Wangaratta to Wodonga**

June 21

August 30

December 6

2.45pm to 7.30pm

Cost: \$30



Bookings Essential

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# Who Can Attend?

You are eligible to attend Volunteer Friends events if you are:

- 16 years of age and over.
- 18 years for overnight activities and holidays
- If you have a ABI, ID, physical/sensory/motor disability
- If you live with your parents/carer or *independently* with support
- Reside in the local government area of Wodonga, Indigo, Alpine, Wangaratta & Benalla

You can be referred by an agency/family/friend or self-refer

Our volunteers assist in a supporting friendship capacity only therefore **some eligible people may be required to attend activities with their support worker.**

# How to Book

1. Contact either the Wangaratta or Wodonga office to arrange an interview time to discuss your eligibility and register you with our service. This interview will include an assessment of personal needs and should take place with your family/carer/ support person or friend if you require their attendance.
2. Once registered you can choose an activity or holiday from our Program.
3. Apply in person or ring the Wodonga or Wangaratta office, register your choice and collect information
4. A waiting lists applies for holidays, so book sooner rather than later.
5. Payment prior to activities is required or as directed when booking.
6. Holidays/weekends require a deposit and payments are per invoicing (or instalment payments can be arranged) and completed before departure.
7. Some participants are welcome to attend activities but may be required to attend with their own carer/support staff depending on personal needs.
8. Some participants will be required to pay for professional support staff (above the cost of a holiday) if their needs require as per their assessment
9. Please attend/pick up on time and at location indicated
10. Do not attend activities without booking

# Terms and Conditions

One of the outcomes of the Volunteer Friends Program is to assist people to make good friends and enjoy social opportunities. We also have limited numbers that we can take on each outing. To ensure that participants get the chance to enjoy a variety of activities we have a selection process for holidays and weekends away.

How we decide:

1. We make a list of those people interested.
2. Once the bookings are made we review the list and allocate places. In this review we evaluate has the person been on a holiday with us recently, does the holiday suit the individuals mobility and abilities, have we got a good gender balance for the group and will the group work well together.

After this participants are advised if they have a place. Once a deposit is received this place is secured. We keep a waiting list in case someone drops out.

## **Refunds**

Full refund if trip cancelled.

Given adequate notice prior to departure refunds are at the discretion of VFP eg for sickness/family tragedy etc.

Cost will be incurred for changes of names re airline tickets.

Refunds will not be given for someone who doesn't show up at departure time.

## **Community Accessibility Inc.**

*Head Office*

*49 High St, Wodonga 3690*

*P.O. Box 1596, Wodonga 3689*

*Ph: 1300 704 530*

*Fax: 02 6056 3128*

*Email: [caincadmin@tpg.com.au](mailto:caincadmin@tpg.com.au)*

*[www.communityaccessability.org.au](http://www.communityaccessability.org.au)*

### **Wodonga**

#### **Volunteer Friends**

*Coordinator: Pauline Carroll*

*49 High St, Wodonga, 3690*

*P.O. Box 1596, Wodonga 3689*

*Ph: 1300 704 530*

*Email: [volfrens@tpg.com.au](mailto:volfrens@tpg.com.au)*

### **Wangaratta**

#### **Volunteer Friends**

*Coordinator – Susan Robertson*

*8 Tara Court, 15-21 Ford Street, Wangaratta 3737.*

*Ph: 03 5721 3045*

*Email: [volfrenswang@tpg.com.au](mailto:volfrenswang@tpg.com.au)*

[www.communityaccessability.org.au](http://www.communityaccessability.org.au)

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